



## COMPETITION INFO

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## Match Times

Match	Duration
Kids	5 Minutes
Kids Title	6 Minutes
Adult - Blue Belt	6 Minutes
Adult - Purple Belt	7 Minutes
Adult - Brown, Black	8 Minutes
Adult Title**	10 Minutes

\*\*See Adults - [Submission-only rule set](#)

## Divisions

Divisions	
Kids & Teens	Grey Belt 7 Years and older
Adults	Blue Belt and Higher
Masters	Blue Belt and Higher

## Rules

### Penalty System

- We will be implementing a yellow card/red card penalty system for stalling. The purpose of this will be to push the action.
  - 2 yellow cards = 1 red card
- Red card penalty results in giving up position and back mount starting position.

### Kids

- No wristlocks
- No cranks
- No joint manipulation
- No slams
- No leg locks

### Teens

- No wristlocks
- No cranks
- No joint manipulation

- No slams
- No leg locks
- Straight ankle locks will be the only submission you can attack below the waist.

## Adults

- Heal Hooks will be allowed in all adult divisions, except blue belt. If blue belts want the option to have heel hooks, they can discuss it with the matchmaker prior to match.

### Knee Reaping

Knee reaping is characterized by when one of the athletes places his thigh behind the leg of his opponent and passes his calf on top of the opponent's body above the knee, placing his foot beyond the vertical midline of the opponent's body and applying pressure on his opponent's knee from the outside, through inside, while keeping the foot of the leg at risk trapped between his hip and armpit.

It is not necessary for one of the athletes to hold the foot of his opponent for the foot to be considered trapped. For purposes of this rule, when one athlete is standing and bearing their weight on foot of the same leg as the knee in danger, the foot will be considered trapped.

### Submission-only rule set:

- If there is no submission, at the end of an adult 10-minute title match, then the match will go into 2-minute overtime.
- If a Winner is undetermined at the end of overtime, they will go to Referee's decision.

### Stalling:

- Referee will issue stalling penalties in the event of lack of action for 30 seconds
  - The first stalling penalty will be a warning
  - A second stalling penalty will result in a coin flip situation whereby the winner of the coinflip will choose to start in a back take or spiderweb position.

## Judge/Referee Decision Procedure

- Three neutral side judges will make the decision based on the following criteria *in its entirety*. The competitor with the better display of Jiu-Jitsu in pursuit of a submission will be the declared the winner.
  - Submission attempts – higher value associated with strong submission attempts (3 points) and lower value associated with weak submission attempts (1 point).
  - Aggression – athlete pushing the pace and continuously seeing the submission.
  - Transitions leading to positional dominance – takedowns, sweeps, guard passes, mounts, back takes

## Platform

Competitors will be competing on a 24' x 24' elevated platform that is 3' off the ground. Competition performance stage will consist of platform with mats on top and wrapped with vinyl cover.

## Attire

### Gi

- All Gi's must be MATCHING and approved for competition by officials.

### No Gi

- Shorts/tights must be worn. No shorts with pockets will be allowed.
- No cups or groin protection will be allowed.
- Rash guards must be worn by all competitors.

## Weigh-Ins and Missing Weight Rules and Procedures

Weigh-ins will be the day before the event or the day of the event.

**THERE WILL BE NO OTHER OPPORTUNITIES GIVEN TO MAKE WEIGHT.**

**Facetime weigh-ins will not be allowed.**

Competitor will be given a one- p o u n d allowance on weight. If overweight, competitor will need to settle with their opponent. We expect the match to carry on.

If any variance to weigh-in rules and policies must be arranged by both competitors prior to match, it must be approved by matchmaker Jose Llanas.

For the day of weigh ins, Competitors will be required to weigh in at the time of their DESIGNATED check in times.

X

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Initial

## Competition Day:

Lopez Promotions & Entertainment will allow **ONE** coach or **ONE** teammate to corner the competitor.

Competitors will not be allowed to have anyone in the back. That goes for friends, family, teammates, or any others wanting to be in the back area during the match. No one other than the person who will be cornering/coaching the competitor during the match will be allowed.

**THIS WILL BE STRICTLY ENFORCED: ONE COMPETITOR AND ONE COACH ONLY DURING PREPARATION AND MATCH.**

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Initial

# ELEVATE

## SUBMISSION SERIES

### Submission Compensation:

Submission Payout	Rank
\$320	Black Belt
\$250	Brown Belt
\$220	Purple Belt
\$160	Blue Belt
\$100 + Medal	Teens
\$50 + Medal	Kids

## Elevate Submission Series

### Rules

<b>No Gi</b>	<b>Kids</b>	<b>Teens/Juvenile</b>	<b>Blue</b>	<b>Purple</b>	<b>Brown</b>	<b>Black</b>
Reaping	X	X	X	✓	✓	✓
Ankle Lock	X	✓	✓	✓	✓	✓
Heel Hook	X	X	X	✓	✓	✓
Toe Hold	X	X	✓	✓	✓	✓
Knee Bar	X	X	✓	✓	✓	✓
Jumping Guard	X	✓	✓	✓	✓	✓
Pulling head in triangle	X	✓	✓	✓	✓	✓
Standing Guillotines	X	✓	✓	✓	✓	✓
Neck Cranks	X	✓	✓	✓	✓	✓
Wrist Locks	X	X	✓	✓	✓	✓
Slams	X	X	X	X	X	X
Small Joint Manipulation	X	X	X	X	X	X
Covering nose/mouth with hand	X	X	X	X	X	X
Windpipe/Trachea Pressure applied by Hand	X	X	X	X	X	X

<b>Gi</b>	<b>Kids</b>	<b>Teens/Juvenile</b>	<b>Blue</b>	<b>Purple</b>	<b>Brown</b>	<b>Black</b>
Reaping	X	X	X	X	X	X
Ankle Lock	X	✓	✓	✓	✓	✓
Heel Hook	X	X	X	X	X	X
Toe Hold	X	X	✓	✓	✓	✓
Knee Bar	X	X	✓	✓	✓	✓
Jumping Guard	X	✓	✓	✓	✓	✓
Pulling head in triangle	X	✓	✓	✓	✓	✓
Standing Guillotines	X	✓	✓	✓	✓	✓
Neck Cranks	X	✓	✓	✓	✓	✓
Wrist Locks	X	X	✓	✓	✓	✓
Slams	X	X	X	X	X	X
Small Joint Manipulation	X	X	X	X	X	X
Covering nose/mouth with hand	X	X	X	X	X	X
Windpipe/Trachea Pressure applied by Hand	X	X	X	X	X	X

# Competitor Agreement & Waiver

By joining Elevate Submission Series (ESS) participants become part of the ESS "team." The goal for ESS is to build a brand and a great platform for our competitors. To have success in growing ESS, participation from all competitors, academies and others to promote events will be expected. To accomplish this task, academies, teammates, and competitors are encouraged to promote their activities on all social media platforms, gyms, and the grappling community

## LOCAL COMPETITORS

For ESS to continue to put on shows we need to all do our part. Along with promoting the event, ESS will require local competitors to sell \$300 worth of tickets to the event. If you DO NOT meet the \$300 minimum, you will not receive any commission on either in-hand or online ticket sales and you will not be eligible for submission payout. This would also disqualify you from any performance or match of the night performance.

### Ticket Sale Commission

Ticket Sale Commission is only applicable to competitors who sell a minimum of \$300 in tickets. This ticket sale minimum is not applicable to non-local competitors. Cutoff for Commissionable sales is one hour prior to weigh in event.

The commission payout starts after the \$300 (i.e., \$301 and up). Commission rates described below.

Tiered Commission	
Ticket Sales	Commission Rate
\$0 - \$300	0%
\$301 - \$1,999	10%
\$2,000 +	15%

*\*\*Purchase online at [ElevateSubSeries.Com](http://ElevateSubSeries.Com)*

Competitors not willing to promote the event or meet the \$300 ticket sale minimum, risk losing their match. As a contestant, ESS expects you promote your match and share all content that your featured in regarding this competition. Please understand that if you do not than ESS has the right to move, reschedule, or even cancel the match.

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Initial (local competitors)

## OUT-OF-TOWN COMPETITORS

ESS considers a competitor to be Nonlocal if they live further than 100 miles from the event venue.

Please understand nonlocal competitors will be eligible for win/submission compensation with no minimum ticket sales requirement. The same commission rates described in the above section apply.

Elevate Submission Series **does not and will not** cover travel expenses unless otherwise agreed upon ahead of time. Be sure to make arrangements to travel before reaching out or applying for a match.

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Initial (nonlocal competitors)

Thank you From Elevate Submission Series.

For questions or additional information regarding Elevate Submission Series, please contact:

**Jose Llanas at:**

[JoseLL@ElevatesSubSeries.com](mailto:JoseLL@ElevatesSubSeries.com)

*By signing this I am acknowledging that I have read the rules and procedures of Elevate Submission Series and understand the requirements to participate in this event.*

X

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Print Full Name

X

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Sign Full Name



# ELEVATE SUBMISSION SERIES: RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

1. **Participation is Voluntary:** The participant has been advised by Lopez Promotions and Entertainment LLC dba Elevate Submission Series (hereinafter ESS) that participation in any and all activities is voluntary. Participant understands and agrees that, if at any time, participant feels anything to be unsafe, including but not limited to equipment, facilities and/or activities, participant will immediately take all precautions to avoid the unsafe area, equipment, and/or activity and refuse to participate further.
2. **Understand risks of participation:** Participant fully understands and acknowledges that (a) There are risks and dangers associated with participation in martial arts events and activities which could result in bodily injury partial and/or total disability, contraction of illness and/or disease, paralysis and death,(b) the social, physical, mental, and economic losses and/or damages, which could result from these risks and dangers described above, could be severe, (c) these risks and dangers may be caused by the action, inaction or negligence of the participant or the action, inaction or negligence of others, including, but not limited to, the parties named below, (d) there may be other risks not known to us or are not reasonably foreseeable at this time.
3. **Acknowledge Risks of participation:** Participant hereby acknowledges that the activities are very dangerous and involve the risk of serious injury and/or death and/or property damage. Each of the undersigned also expressly acknowledges that injuries received may be compounded or increased by negligent rescue operations or procedures.
4. **Acceptance of responsibility/assumption of risk of participation:** Participant accepts and assumes such risks and responsibility for the losses and/or damages following such injury, contracted illness or disease, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of ESS its owners, agents or employees, or by intentional conduct of parties not an owner, agent, instructor, or employee of ESS.
5. **Participant Responsibilities:** I certify that I am in good health and physical condition, do not have any communicable illnesses, conditions or diseases. I certify that I will not participate in any activities if I am not in good health and physical condition. It is my responsibility to be always aware of the demands of the activity. It is my responsibility to be adequately equipped and physically prepared. It is my responsibility to follow the instructions of the designated class leader. Skills taught in this program will not assure my safety in situations of self-defense. I am solely responsible for my own personal safety and the safety of others in the program.
6. **Minor Participation requirements:** In consideration of being permitted to participate in any way with ESS and/or being permitted to enter for any purpose any restricted area (here in defined as any area where in admittance to the general public is prohibited), the parent(s) and/or legal guardian(s) of the minor participant named below agree: Prior to participating in the below martial arts activity or event,

- the Participant, parent(s) and/or legal guardian(s) will inspect the facilities and equipment to be used, and if he or she believes anything is unsafe, the participant will immediately advise the officials of such condition and refuse to participate.
7. **Release of liability/covenant not to sue:** Participant hereby releases, waives, discharges, and covenant not to sue ESS, the martial arts facility used by the participant, including its owners, managers, promoters, lessees of premises used to conduct the martial arts event or program, premises and event inspectors, underwriters, consultants and others who give recommendations, directions or instructions to engage in risk evaluation or loss control activities regarding the martial arts facility or events held at such facility and each of them, their directors, officers, agents, employees, from all liability to the undersigned, my/our personal representatives, assigns, executors, heirs and next to kin For any and all claims, demands, losses or damages and any claims or demands therefore on account of any injury, including but not limited to the death of the participant or damage to property, arising out of or relating to the events(s) caused alleged to be caused in whole or in part by the negligence of the releasee or otherwise.
  8. **Release applies to all parties associated with ESS:** This release applies to all parties including Lopez Promotions and Entertainment LLC dba Elevate Submission Series, Christopher Lopez and Jose Llanas individually and his marital community, affiliated individuals, organizations, entities, designated instructors, guest instructors, owners and officers of these organizations, instructors, coaches, assistants, and the owners of the property location.
  9. **Release construed broadly:** Each of the undersigned further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect. This release also applies to any dependents, parents, heirs, guardian, family or any other party having the right to pursue all claims on my behalf.
  10. **Parent must defend, indemnify, and hold harmless ESS for minor:** On behalf of the participant and individually, the undersigned partners(s) and/or legal guardian(s) for the minor participant executes this Waiver and Release. If, despite the release, the participant makes a claim against any of the Releasees, the parents(s) and/or legal guardian(s) will reimburse the Releasee for any money which they have paid to the participant, or on his behalf, and hold them harmless.
  11. **Release applies to family, heirs etc.:** This release applies to any claim I or any parent, guardian, family member, dependent, heir or any other party having the right to make a claim on behalf against ESS, guest instructors and organizations, the owners of these organizations, the instructors, and any owners of the property location.
  12. **Model Release:** I agree that ESS may use my image, photo, likeness for any purpose, including but not limited to: ESS website, promotions, instructional videos, and school advertisements.
  13. **Release of personal property loss:** I am responsible for my owner personal property and agree to release and hold harmless ESS for any losses of personal property.

14. **ESS Right to prohibit practice or participation:** ESS reserved the right to prohibit participation for any reason without providing a refund.
15. **Validity of release:** If any portion of this agreement shall be held invalid, illegal or unenforceable to any extent and for any reason by any Court of competent jurisdiction the remainder of this agreement shall not be affected thereby and shall be enforceable to the full extent permitted by law.
16. **Participant Medical coverage:** By signing below, participant acknowledges they carry personal medical insurance and/or participant understands that they are solely responsible for their own medical bills and any injury regardless of the cause.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. I DECLARE UNDER PENALTY OF PERJURY UNDER THE LAWS OF THE STATE OF WASHINGTON THAT THIS STATEMENT IS TRUE AND CORRECT.

PARTICIPANT: \_\_\_\_\_  
Printed Name

SIGNATURE: \_\_\_\_\_  
Participant or Minor's Guardian Signature

DATE: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_